



# SALIVA HORMONES

## Saliva Hormones

Bioavailable hormone testing



1(866) 364-0963  
support@vibrant-wellness.com



[www.vibrant-wellness.com](http://www.vibrant-wellness.com)



1360 Bayport Ave. Ste. B  
San Carlos, CA 94070

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Final Report Date:	10-26-2019 21:53	Specimen Collected:	10-20-2019 06:00
Accession ID:	1512010000	Specimen Received:	10-22-2019 08:00

LAST NAME	FIRST NAME	GENDER	DATE OF BIRTH	ACCESSION ID	DATE OF SERVICE
TESTNAME	PATIENT	FEMALE	1989-02-23	1512010000	10-22-2019

## PATIENT

Name: PATIENT TESTNAME  
Date of Birth: 1989-02-23  
Gender: Female  
Age: 30

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Telephone #: test@vibrantsci.com  
Street Address: 1021 HOWARD AVENUE SUITE B  
City: SAN CARLOS  
State: CA Zip #: 94070

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Fasting: FASTING No. of hours: 12.0

## PROVIDER

Practice Name: Vibrant IT4 Practice  
**Provider Name: Vibrant IT4, MD (999999)**  
Phlebotomist:  
Street Address: 999999 PRACTICE STREET AVE  
City: SAN CARLOS  
State: CA  
Zip #: 94404  
Telephone #: 666-666-6662  
Fax #: 111-222-0000

For doctor's reference

**Vibrant Wellness** is pleased to present to you, 'Salivary Hormones', to help you make healthy lifestyle, dietary and treatment choices in consultation with your healthcare provider. It is intended to be used as a tool to encourage a general state of health and well-being.

**The Vibrant Salivary Hormones** is a test to measure salivary hormones including salivary steroids, cortisol and cortisone. The panel is designed to give a complete picture of an individual's levels of hormones in saliva.

**Interpretation of Report:** The report contains the complete list of the all saliva hormones tested with quantitative results to enable a full overview along with the corresponding reference ranges. The classification of Red indicates a result that is outside the reference range and the classification of Green denotes a result that is within the reference range. Additionally, the previous value is also indicated to help check for improvements every time the test is ordered. Multiple results are also provided for specific tests which comprises of the results of the analyte across a day with four samples collected and is also represented in a graphical format indicating the levels of the analyte variation within a day along with corresponding reference ranges. All contents provided are purely for informational purposes only and should not be considered medical advice. Any changes based on these choices are to be made in consultation with the clinical provider.

The Vibrant Wellness platform provides tools for you to track and analyze your general wellness profile. Testing for the Salivary Hormones panel is performed by Vibrant America, a CLIA certified lab CLIA#:05D2078809. Vibrant Wellness provides and makes available this report and any related services pursuant to the Terms of Use Agreement (the "Terms") on its website at www.vibrant-wellness.com. By accessing, browsing, or otherwise using the report or website or any services, you acknowledge that you have read, understood, and agree to be bound by these terms. If you do not agree to accept these terms, you shall not access, browse, or use the report or website. The statements in this report have not been evaluated by the Food and Drug Administration and are only meant to be lifestyle choices for potential risk mitigation. Please consult your physician for medication, treatment, diet, exercise or lifestyle management as appropriate. This product is not intended to diagnose, treat, or cure any disease or condition.

Please Note - It is important that you discuss any modifications to your diet, exercise and nutritional supplementation with your physician before making any changes.

To schedule an appointment with Vibrant Clinical Dietitians please call: Toll-Free 866-364-0963.

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FULL NAME: PATIENT TESTNAME

ACCESSSION ID: 1512010000

DATE OF SERVICE: 10-22-2019

Test Name	Current Result	Previous Result	Ref. Range
<b>SALIVA STEROIDS HORMONES</b>			
Estradiol (E2)	2.1	2.3	1.4-3.9 pg/ml
Estrone (E1)	3.4	3.7	1.5-4.7 pg/ml
Estriol (E3)	8.9	9.1	0-7.5 pg/ml
E3/(E1+E2) Ratio	0.5	0.53	0-0.87
Progesterone (Pg)	178.9	179.2	74.5-266.9 pg/ml
Pg/E2 Ratio	55.41	55.98	53.21-68.44 pg/ml
Testosterone	13.5	13.7	15.1-59.6 pg/ml
DHEA-S	1.5	1.7	2.6-26.4 ng/ml
<b>SALIVA CORTISOL</b>			
Cortisol (Pooled)	2.5	2.6	1.8-4.53 ng/ml
Cortisol (Morning)	6.8	6.6	4.2-10.6 ng/ml
Cortisol (Noon)	0.5	0.7	1.5-3.8 ng/ml
Cortisol (Evening)	2.1	2.3	1-2.6 ng/ml
Cortisol (Night)	0.75	0.77	0.5-1.1 ng/m
<b>SALIVA CORTISONE</b>			
Cortisone (Pooled)	5.0	4.9	4.73-12.1 ng/ml
Cortisone (Morning)	6.5	6.6	10.3-28.7 ng/ml
Cortisone (Noon)	7.8	7.5	4.1-9.5 ng/ml
Cortisone (Evening)	3.6	3.3	3.2-6.8 ng/ml
Cortisone (Night)	2.1	2.5	1.3-3.4 ng/ml

## PATIENT REPORTED THERAPEUTIC INTERVENTIONS

12.5mg topical Progesterone (compounded) (1 Days Last used); oral Iodine/Iodide (OTC) (1 Days Last used); oral Vitamin D3 (OTC) (1 Days Last used); oral Vitamin D (unknown type) (OTC) (1 Days Last used)

# Saliva Hormones

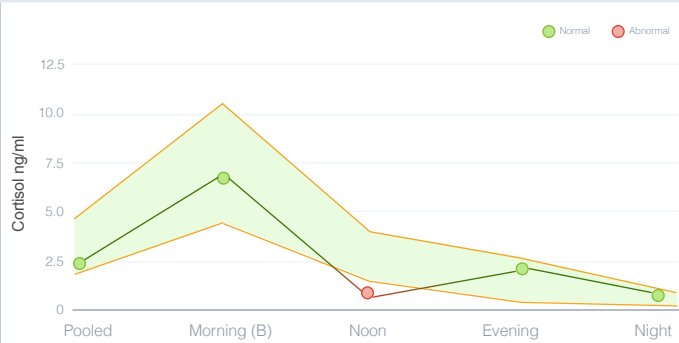
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FULL NAME: PATIENT TESTNAME

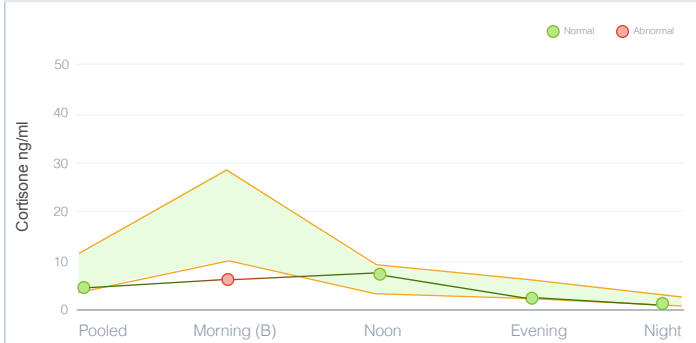
ACCESSION ID: 1512010000

DATE OF SERVICE: 10-22-2019

## SALIVA CORTISOL



## SALIVA CORTISONE



## Risk and Limitations

This test has been developed and its performance characteristics determined by Vibrant America Clinical Laboratory, a CLIA certified lab. These assays have not been cleared or approved by the U.S. Food and Drug Administration.

Vibrant Salivary Hormones panel does not demonstrate absolute positive and negative predictive values for any condition. Its clinical utility has not been fully established. Clinical history and current symptoms of the individual must be considered by the healthcare provider prior to any interventions. Test results should be used as one component of a physician's clinical assessment.

Salivary Hormones testing is performed at Vibrant America, a CLIA certified laboratory and utilizes ISO-13485 developed technology. Vibrant America has effective procedures in place to protect against technical and operational problems. However, such problems may still occur. Examples include failure to obtain the result for a specific antibody due to circumstances beyond Vibrant's control. Vibrant may re-test a sample in order to obtain these results but upon re-testing the results may still not be obtained. As with all medical laboratory testing, there is a small chance that the laboratory could report incorrect results. A tested individual may wish to pursue further testing to verify any results.

The information in this report is intended for educational purposes only. While every attempt has been made to provide current and accurate information, neither the author nor the publisher can be held accountable for any errors or omissions.

Vibrant Wellness makes no claims as to the diagnostic or therapeutic use of its tests or other informational materials. Vibrant Wellness reports and other information do not constitute the giving of medical advice and are not a substitute for a professional healthcare practitioner. Please consult your provider for questions regarding test results, or before beginning any course of medication, supplementation or dietary/lifestyle changes. Users should not disregard, or delay in obtaining, medical advice for any medical condition they may have, and should seek the assistance of their health care professionals for any such conditions.